Concrete 101- The Basics of Concrete



Opening Comments

- Anti-Trust Statement
- Recording this webinar
- IRMCA website <u>www.irmca.org</u>





Today's Presenter

• Theron Tobolski The Assistant Executive Director of The Illinois Ready Mixed Concrete Association















First Things First!!!!

ACI – American Concrete Institute
ASTM -American Society for Testing and Materials
AASHTO - American Association of State Highway and
Transportation Officials
FHWA – Federal Highway Administration
FAA- Federal Aviation Administration

These Agencies Make Rules, Standards, Guidelines, and Certifications for the Industry so that Concrete is Designed, Produced, Tested, and Placed Properly

Read Them – Learn Them – Preach Them – Practice Them







Where Do We Supply Concrete To?

IDOT – Illinois Department of Transportation Municipal Work County Work CDOT - Chicago Department of Transportation The Tollway Authority Airports

Modify and Enforce Follow and Enforce

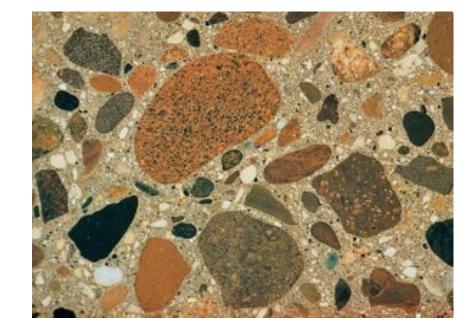
Residential Work Commercial /Industrial Healthcare and Schools High-Rise Buildings





What is Concrete?

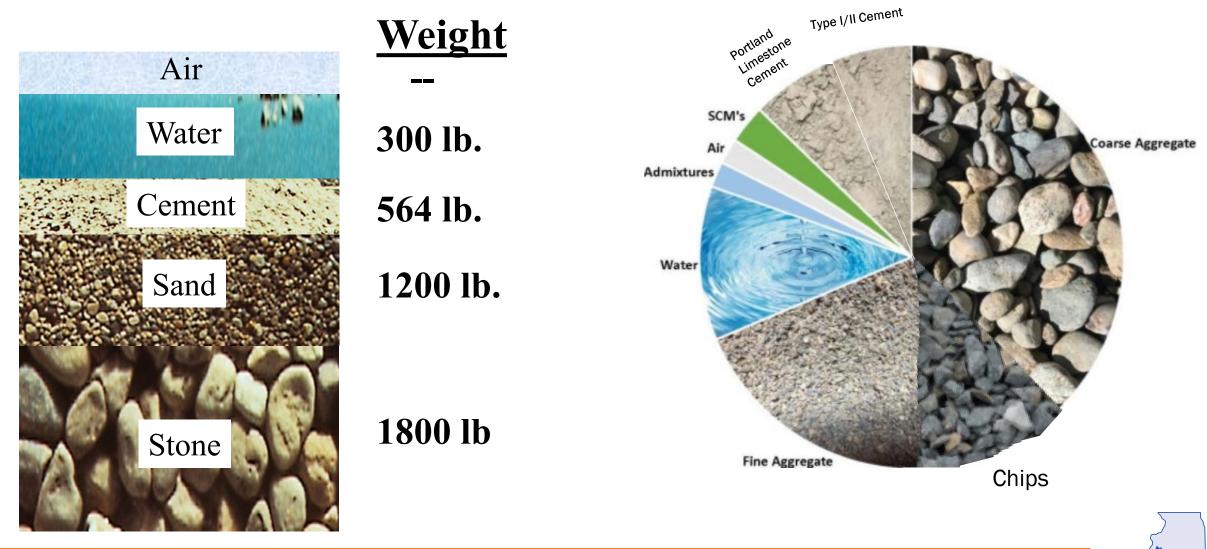
- Concrete is essentially a mixture of two ingredients aggregates and paste
- The paste is made up of cementitious materials such as portland cement, fly ash, slag, portland limestone cement, silica fume, etc., plus water
- The paste binds the aggregates, forming a rock-like mass after hardening
- The various components can be adjusted to achieve differing concrete properties





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A Typical Cubic Yard of Concrete



Design With Concrete

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Types of Portland Cement

- •ASTM C150/AASHTO M 85
 - Type I Normal Use
 - Type II Moderate Sulfate Resistance
 - Type III High Early Strength
 - Type IV Low Heat of Hydration
 - Type V High Sulfate Resistance







Various Cement Types

ASTM C595 – Blended Hydraulic Cements

□ Type 1L – Portland-Limestone Cement (a.k.a PLC, similar to GUL in Canada)

□ Types included in ASTM C595 standard (which is nearly identical to AASHTO M240):

- IS (x) Portland blast-furnace slag
- IP (x) Portland-pozzolan cement (e.g. ash)
- IL (x) Portland-limestone cement
- IT (Ax)(By) –Ternary blended cement
 - $\hfill\square$ (x) indicates nominal mass percentage of the added ingredient

□ Type IL is limited to a maximum of 15% (per ASTM 595)

emea la

Portland-Limestone Cement (PLC)

- Same durability
- Same resilience



- 10% carbon footprint reduction
 - PLC gives specifiers, architects, engineers, producers, and designers a greener way to execute any structure, paving, or geotech project, with virtually no modifications to mix design or placing procedures.
- www.greenercement.org



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How is Portland Limestone Cement Different From Type I/II Portland Cement?

PLC is made by intergrading regular clinker with up to 15% limestone while regular portland cement contains up to 5% limestone

PLC ASTM C 595

> PLC is a finer ground product than regular portland cement

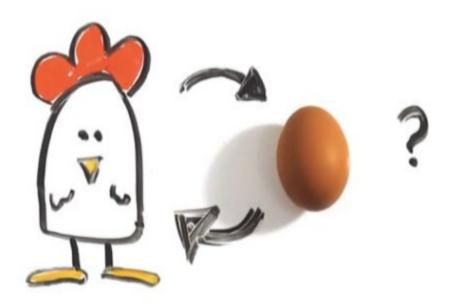
PORTLAND CEMENT ASTM C 150

95% Ground Clinker 5% 85%Ground Clinker 15%limestone 15%limestone



Why are concrete produces still using Type I/II Cement instead of using Portland Limestone Cement?

• Specifications/Silo Space/Availability

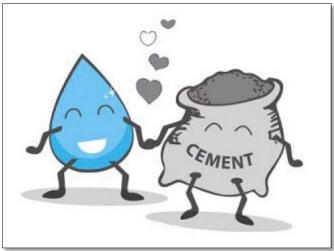






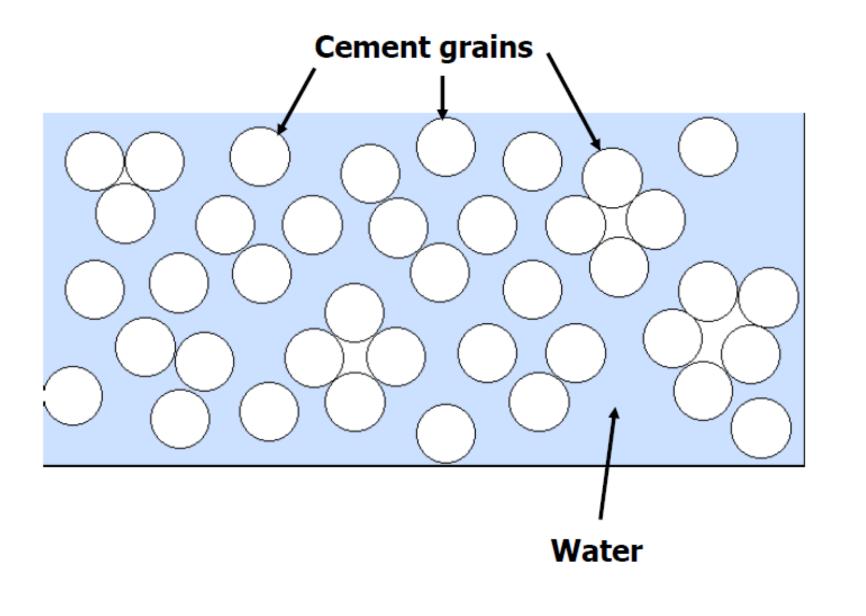
Water/Cementitious Ratio (w/cm)

- Weight of water divided by weight of cementitious material in the mix (portland cement, fly ash, GGBFS, etc.)
- 275 lbs. of water (33 gallons x 8.33) \div 564 lbs. of cement = .49 w/c
- Minimum 0.23 w/cm ratio required for full hydration
- Excess water increases pore space between crystals resulting in weaker and more porous concrete



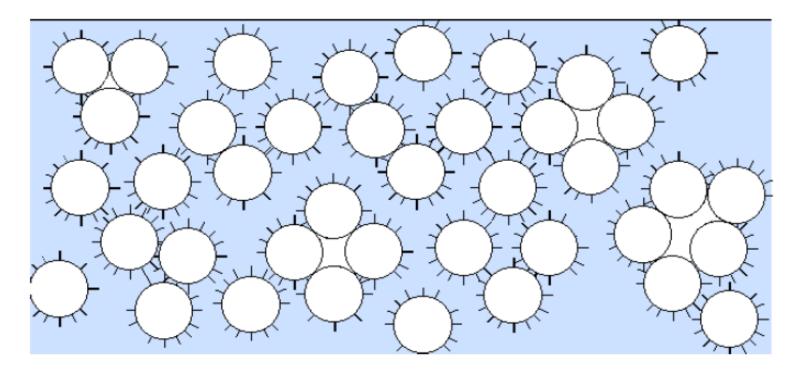
Design With Concrete

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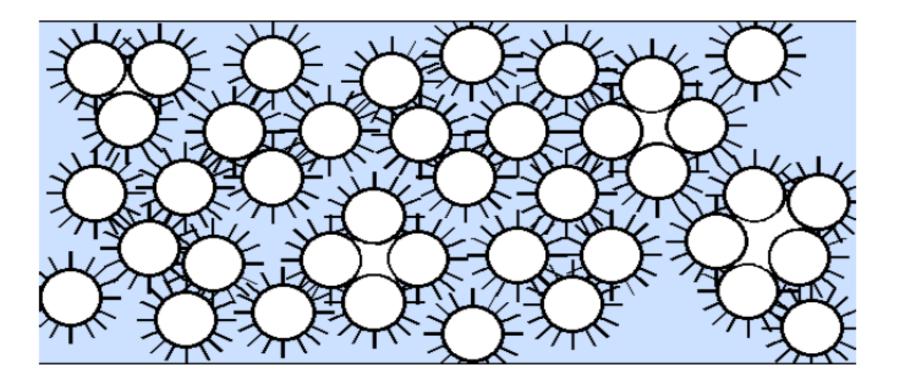
As the cement grains chemically react with water...



...fuzzy, "finger-like" crystals reach out to each other

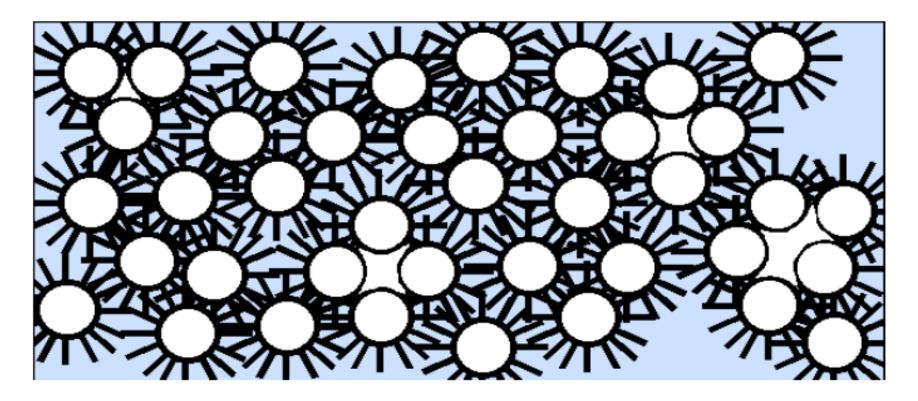


These fingers start to lock together...



...and grab onto sand and gravel particles as well

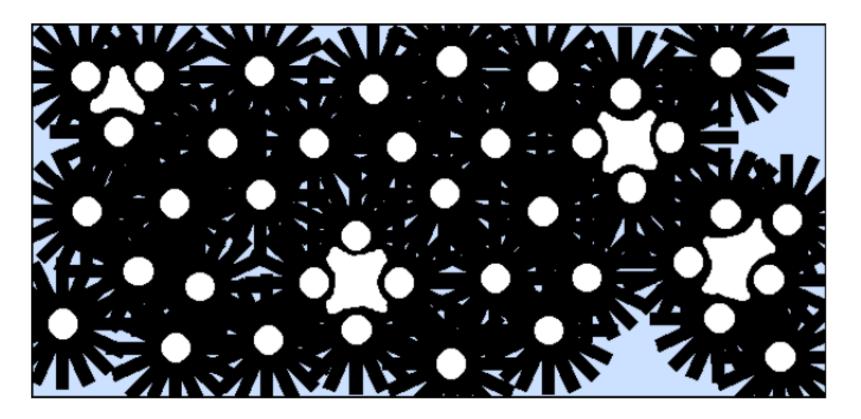
Eventually, these crystals get so intertwined that the concrete stiffens...



...this is what we call "setting."



As the water and cement are used up, the crystals form a hard, dense structure

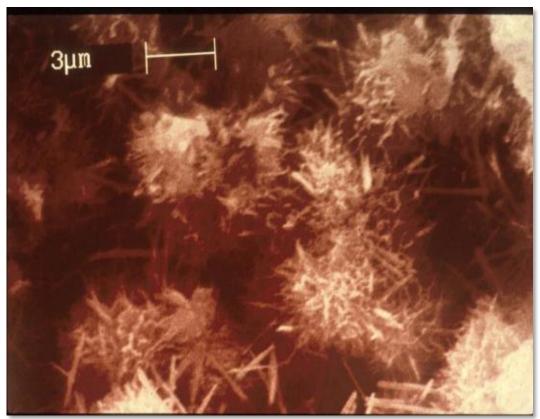


...water that isn't used in the chemical reaction evaporates, leaving spaces and channels in the concrete



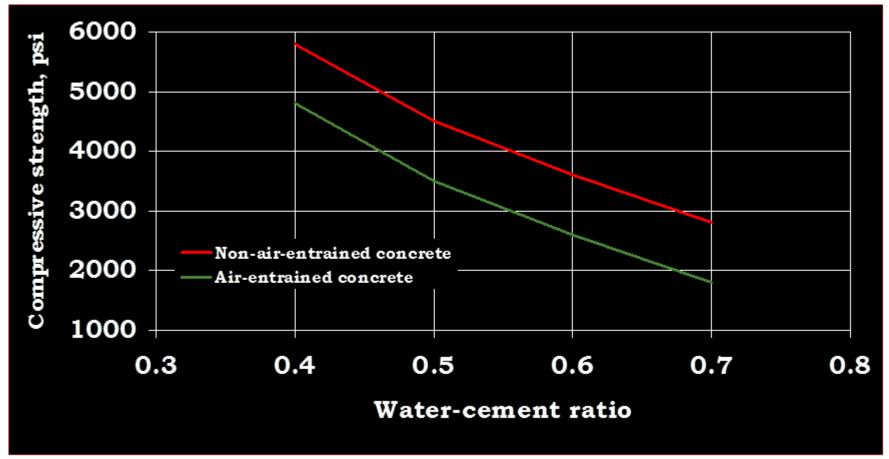
Portland Cement Hydration

- Water contacts cement grains
- Chemical reaction is called hydration
- Hydration is exothermic (gives off heat)
- Small needlelike crystals begin to form and interlock





Effect of Water Content On Compressive Strength





Adding One Gallon of Water

- Increase the slump about one inch
- Cut the compressive strength about 200 psi
- Waste the effect of 1/4 sack of cement
- Increase the shrinkage potential about 10%
- Decrease the Freeze thaw resistance about 20 %
- Decrease the resistance to de-icing salts
- Increase cracking about 10%
- Increase air content about 1 %
- Increase segregation
- Increase dusting
- Increase finishing time for your expensive labor



Supplementary Cementitious Materials

- Fly ash
- Slag
- Natural pozzolans
- Silica fume



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ACI 301 Specification For Structural Concrete

Limits for Supplementary Cementitious Materials

Supplementary cementitious material	Maximum percent of total cementitious material by mass*	
Fly ash or natural pozzolans conforming to ASTM C618	25	
Slag cement conforming to ASTM C989/C989M	50	
Silica fume conforming to ASTM C1240	10	
Total of fly ash or natural pozzolans, slag cement, and silica fume	50 [†]	
Total of fly ash or natural pozzolans and silica fume	35†	
*Total cementitious material also includes ASTM C150/ C1157/C1157M cement. The maximum percentages abo		
(a) Fly ash or natural pozzolans present in ASTM C115 Type IP blended cement.	7/C1157M or C595/C595M	
(b) Slag cement present in ASTM C1157/C1157M or C5 cement.	95/C595M Type IS blended	
(c) Silica fume conforming to ASTM C1240 present in C595/C595M Type IP blended cement.	ASTM C1157/C1157M o	
[†] Fly ash or natural pozzolans and silica fume shall c percent and 10 percent, respectively, of the total mass of		

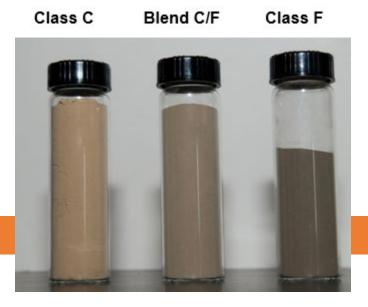




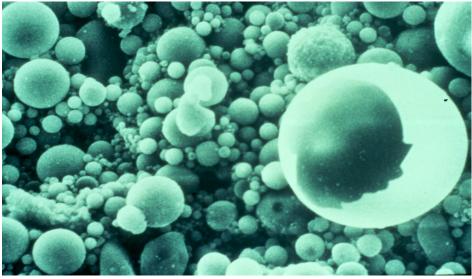
Fly Ash – ASTM C618

Supplementary Cementitious Material (SCM)

- Byproduct from burning coal in power generating plants
- Two main types Class C and Class F
- Advantages
 - Increased workability
 - Reduced permeability
 - Improved sulfate resistance
 - Improved ASR mitigation









Typical Amounts of SCM in Concrete by Mass of Cementing Materials



- Fly ash
 - Class C
 - Class F
- Slag

15% to 40% 15% to 20%

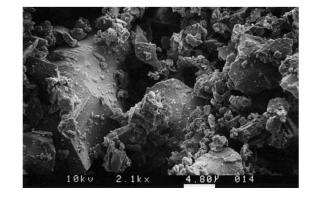
30% to 80%

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Caution should be taken when using over 35% replacement with SCMs for pavement exposed to Freeze Thaw conditions

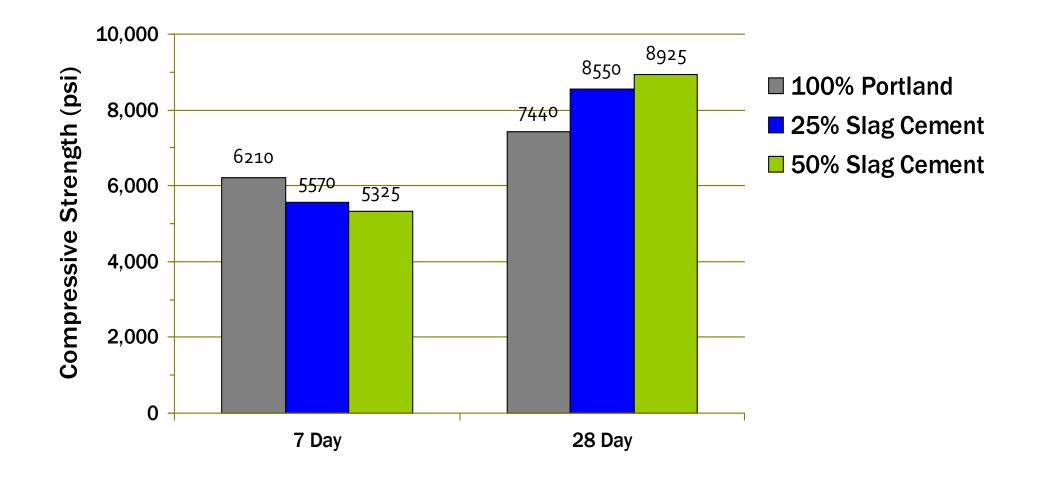
Slag – ASTM C989

- Supplementary cementitious material
 - Byproduct of iron and steel-making from a blast furnace
 - Three types Grades 80, 100, and 120
- Advantages
 - Increased workability
 - Reduced permeability
 - Improved sulfate resistance
 - Improved ASR mitigation
- Typical amounts in concrete mixes
 - Direct replacement for portland cement up to 95 percent
 - 40 to 50 percent replacement is most commonly used





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4000 PSI with Air

Ingredients	dients Straight Cement Binary Binary		Binary	Tieranry	
Cement	564	420	420	390	
Fly Ash	0	0	100	45	
Slag	0	100	0	90	
Water	33	31	31	31	
Stone	1800	1800	1800	1800	
Sand	1275	1275	1275	1275	
Air	1.0 oz	1.0 oz	1.0 oz	1.0 oz	
Water Reducer	0	3.5 oz	3.5 oz	3.5 oz	



Reduced Permeability

Gitec Perma*

What is permeability?

- Measure of how easy it is for water and other substances such as chloride ions, sulfates to enter concrete
- Commonly measured by ASTM C1202 rapid chloride permeability
- Low permeability concrete can reduce corrosion potential of embedded reinforcing steel
- How does slag cement affect permeability?
- Low permeability can be achieved, in binary or ternary mixtures, with 25 to 65% slag cement substitution



Impacts of Fly Ash and Slag in Concrete

- Higher over all strengths
- Reduces environmental impact of concrete
- Lower early strength
- Slower Set Time. Great for Summer not recommended in Winter
- Slows down the heat of hydration. Good for Mass Concrete
- Has lower permeability so less salts and chemicals can enter the concrete and cause harm
- Reduces the water demand. ****The lower the water demand the higher the strength.
- Slows down the Bleeding process. BE CAREFUL!!! Do not finish the concrete until it is done bleeding. Early finishing of concrete will cause Scaling, Delamination, or Mortar Flaking.

Needs to be Properly CURED 7 DAYS!!!!!! To get full benefit. If not cured properly you can increase your potential to see Scaling









Concrete Aggregates







SIEVE ANALYSIS

12 -9 ທ– 11/2" 3/4" 3%" 4-**∞** – 16 8 20 10 000 0 200

Boulders

Cobbles

Gravel

Sand

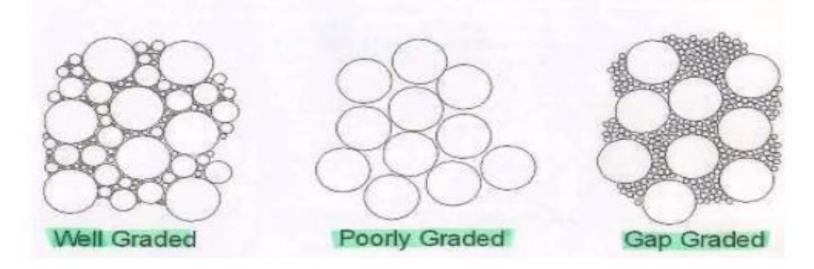
Clay and silt

						022CM1101	
Sieve	Ind. Weight Retained	Cum. Weight Retained	Cum. % Retained	Ind. % Retained	% Passing	Passing Range	
						Lower Limit	Uppe Limit
3"							
2.5"							
2"							
1.75"							
1.5"							
1"	0.0	0.0	0.0%	0.0%	100.0%	100%	100%
3/4"	405.0	405.0	7.5%	7.5%	92.5%	84%	100%
5/8"	763.0	1168.0	21.6%	14.1%	78.4%		
1/2"	1312.0	2480.0	46.0%	24.3%	54.0%	42%	58%
3/8"	1115.0	3595.0	66.6%	20.7%	33.4%		
1/4"	1168.0	4763.0	88.3%	21.6%	11.7%		
#4	396.0	5159.0	95.6%	7.3%	4.4%	0%	12%
#8	172.0	5331.0	98.8%	3.2%	1.2%		
#10 #16		5054.0		0.494	0.001	0%	6%
#16 #30	20.0	5351.0	99.1%	0.4%	0.9%	0%	0%
#30	0.0	5351.0	99.1%	0.0%	0.9%		
#40 #50	0.0	5351.0	99.1%	0.0%	0.9%		
#30 #80							
#100							
#200	14.0	5365.0	99.4%	0.3%	0.6%	0%	1.0%
Pan	3.0	5368.0	99.5%	0.1%	0.5%	070	1.070
7 611	5368.0	0000.0	00.070	100.0%	0.070	Test R	esult =



Gradations

Gradation is a size distribution of aggregate particles by separation with standard screen sieves



A change in gradation can change:

The ability to entrain air, strength, durability, rate at which concrete bleeds, and workability/finishability





Gap Graded Aggregates

- Segregates more easily
- $_{\circ}$ Difficult to place
- Higher amount of fines
- $_{\circ}$ Requires more cement
- $_{\circ}~$ Greater water demand





Well Graded Aggregates

- $_{\circ}$ Less prone to segregation
- $_{\circ}~$ Easier to place
- $_{\circ}$ Lower amount of fines
- Require less cement
- $_{\circ}~$ Less water demand





Chemical Admixtures

- Air Entraining
- Water Reducers
- Super Plasticizers
- Hydration Stabilizers

- Waterproofing
- Corrosion Inhibitors
- Shrinkage Reduction
- Color Pigments





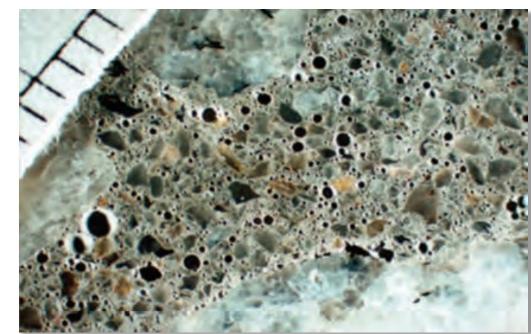
Concrete Admixtures ASTM C494/C260

- Type A Water Reducing
- Type B Retarding
- Type C Accelerating
- Type D Water Reducing and Retarding
- Type E Water Reducing and Accelerating
- Type F Water Reducing, high range
- Type G Water reducing, high range, and retarding
- Type S Specific Performance
- ASTM C260 Air Entrainment



Air Entraining Admixtures

- Primary purpose is to stabilize and entrain millions of tiny bubbles to improve concrete's freeze/thaw durability
- Improves workability
- Reduces strength
- Minimizes segregation
- Inexpensive





What affects air at the plant?

- Cement content increase in content lowers air
- ✓ Increase in alkali raises air
- Fly ash carbon content lowers air- carbon absorbs air
- ✓ GGBFS increased fineness may lower air
- ✓ As MR dosage goes up less AEA is needed
- New HRWRs low dose less- SCC more is needed
- ✓ Increase in SAND content can raise air
- $\checkmark\,$ Air increases with increased W/C ratio
- ✓ Hot water/ high temps- cold water/ low temps



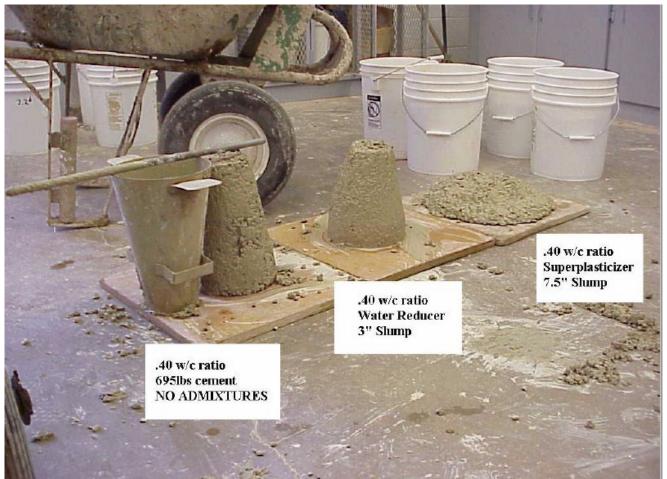


What affects air at the job site

- ✓ Slump loss
- ✓ Retempering
- ✓ Length of time on truck
- ✓ Jobsite addition of admixtures
- ✓ Addition of pigments or color
- ✓ Fibers
- ✓ Improper testing
- ✓ Pumping

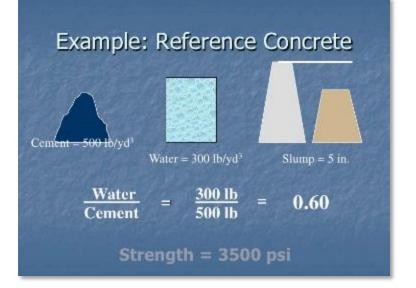
Water Reducing Admixtures – ASTM C494

- Low Range
 - 5% to 10% water reduction
- Mid Range
 - 6% to 12% water reduction
- High Range
 - 12% to 40% water reduction
 - Superplasticizers





Water Reducing Admixtures





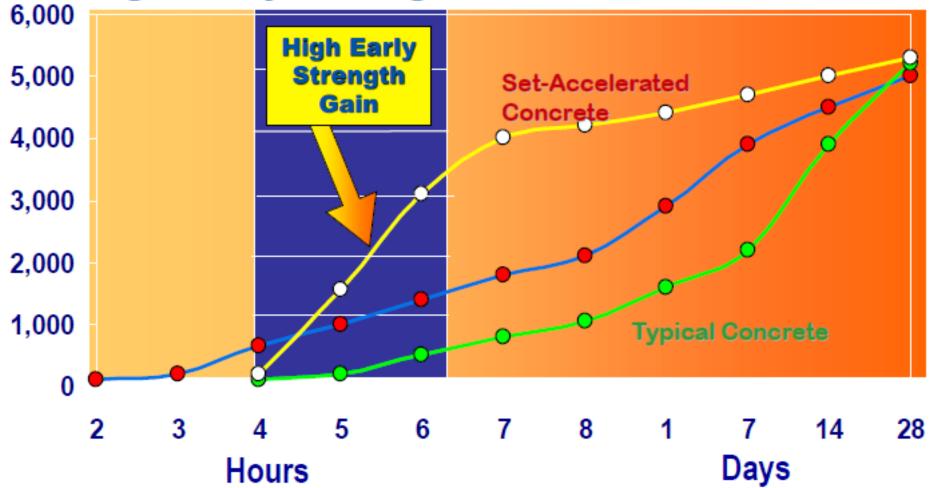




Retarders vs Hydration Stabilizers

		Concrete Set Time				
			Finishing Window			
Hot Weather	Initial Set				Final Set	
			Finishing Window			
Retarded Concrete	Initial set				Final Set	
				Finishing Window		
Hydration Stabilizer	Initial set					Final Set

High Early Strength Gain





Benefits of Chemical Admixtures

For Fresh Concrete:

- Reduce the amount of water need in the concrete
- Increase workability without adding water
- Retard or accelerate set time
- Reduce slump
- Modify the rate or capacity of bleeding
- Decrease shrinkage
- Reduce plastic/drying shrinkage cracks
- Reduce corrosion of embedded materials
- Produce colored concrete
- Produce cellular concrete (non-structural lightweight)



Design With Concrete

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Cold Weather effect on Set Time?

<u>Temperature</u>	<u>Approximate Set</u>
70° F	6 hours
60° F	8 hours
50° F	11 hours
40° F	14 hours
30° F	19 hours
20° F	NO SET



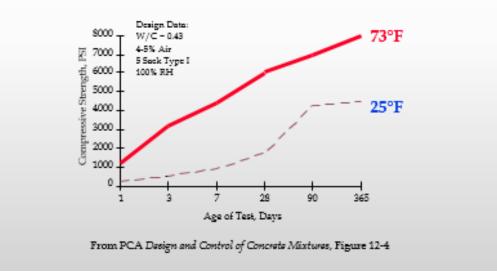
For every 20° F change in concrete temp set time is <u>doubled!</u>



Cold Weather Affects on: Concrete Strength

Cold Weather Affects Concrete:

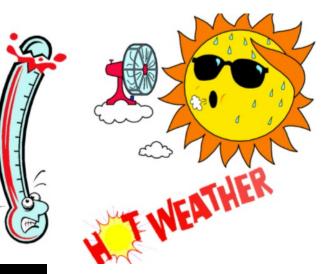
Slows Compressive Strength





Hot Weather Affects on Setting Time?

Setting Time of Concrete at Various Temperatures



	Approximate	
Temperature	Setting Time	
100°F (38°C)	2 hours	
90°F (32°C)	3 hours	
80°F (27°C)	4 hours	
70°F (21°C)	6 hours	

Fibers

Monofilament, Stealth, or Finishing Fiber (Made from Polypropylene)

Dosage: 1/2 to 1 lb. per c/y

• Plastic Shrinkage Cracks



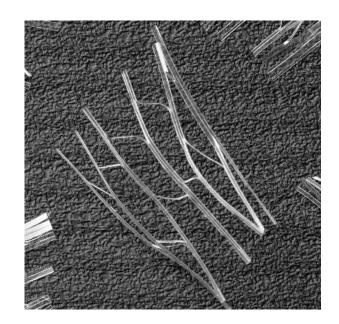




Fibrillated Fibers

- Dosage ³/₄ to 3 lbs. per c/y (1 to 1.5 lbs. per c/y most common)
- Will replace welded wire fabric (wiremesh) driveway/patio applications
- No Post Crack Control









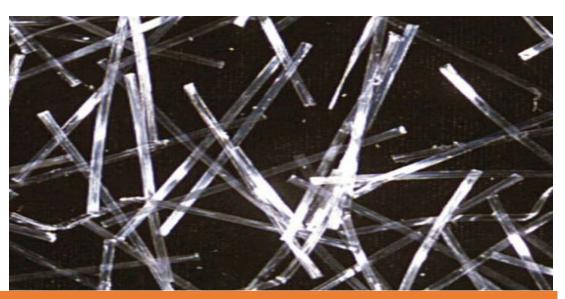
Macro Fibers

Dosage Rate 3 to 12 Lbs. per c/y (3.5 to 4 lbs per c/y typical)

Replaces wire mesh, Steel Fibers, Light Rebar and other secondary reinforcing in slab-on-grade and composite steel floor decks

Provides Post Crack Control Performance



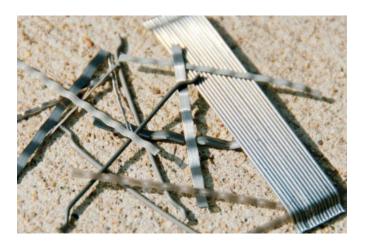




Steel Fibers

- Increased Flexural Strength
- Fatigue
- Impact Resistance
- Ductility
- Arrests Microcracks
- Relieves Internal Strain
- 40 to 70 lbs. per c/y







Concrete Testing Methods

Standards developed by ASTM International (ASTM)

- ASTM C172 (Sampling)
- ASTM C143 (Slump)
- ASTM C231 (Air Pressure)
- ASTM C173 (Air Volumetric)
- ASTM C138 (Unit Weight)
- ASTM C1064 (Temperature)
- ASTM C31 (Making / Curing Cylinders)







ASTM C 172 Sampling Freshly Mixed Concrete

Requirements:

- Sample size $\geq 1 \text{ ft}^3$
- Less than 15 min between first and last portion of sample
- Sample should not be taken from first or last portion of batch discharge





ASTM C 143 Standard Test Method for Slump of Hydraulic Cement Concrete









- Fill 3 lifts
- Rodd 25 times each
- Lift 5±2 seconds
- Measure Original Center

ASTM C 1064 Temperature of Freshly Mixed Portland Cement Concrete

- Minimum 3" into concrete
- Close void around thermometer
- Minimum 2 minutes
- Maximum 5 minutes





ASTM C 138 Standard Test Method for Unit Weight, Yield, & Air Content (Gravimetric) of Concrete







ASTM C 231Test Method for Air Content of Freshly Mixed Concrete by the Pressure Method

- Fill 3 layers
- Rod 25 times
- Tap each layer 10 to 15 times





ASTM C 31 – Standard Practice For Making and Curing Test Specimens in the Field



4"x8"

- Fill 2 layers
- Rod 25 times per layer
- Tap 10 to 15 times each layer

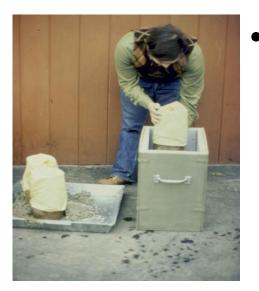
6"x12"

- Fill 3 Layers
- Rod 25 times per layer
- Tap 10 to 15 times each layer









- Initial
 - \succ at project site up to 48 hours
 - Protected Initial Cure (60-80°F temperature environment)



Final Cure

73.5 Degrees plus or minus 3.5 Degrees at lab in moist cure room or water immersed





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What Causes Low Cylinder Breaks?

- Cylinders not made properly
- Cylinders are not stored properly: After making store for a period of 48 hours in a temperature range of 60 to 80 Degrees F and in an environment preventing moisture loss
- Cylinders were moved around before they were set
- Cylinders left out in the sun on hot days
- Cylinders are not stored on a level ground
- Cylinders are in the field too long: only 48 hours
- Concrete Producer Shipped the wrong mix
- ADDITION OF WATER!!!!!!!
- High Air
- Review the batch sheet: Problem with the plant cause something to over or under weight



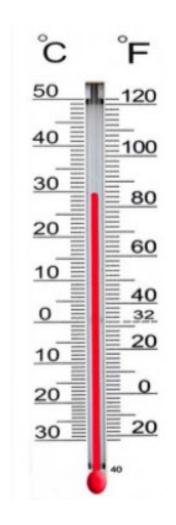


Curing

Definition

• Curing is the maintenance of a satisfactory <u>moisture</u> <u>content</u> and <u>temperature</u> in concretefor a sufficient period of time immediately following the placing...... so that the desired properties are meet.





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Curing has a strong influence on the following properties of hardened concrete:

- Minimizes or Eliminates Cracking
- Improves Strength.
- Water-tightness.
- Increases Abrasion resistance.

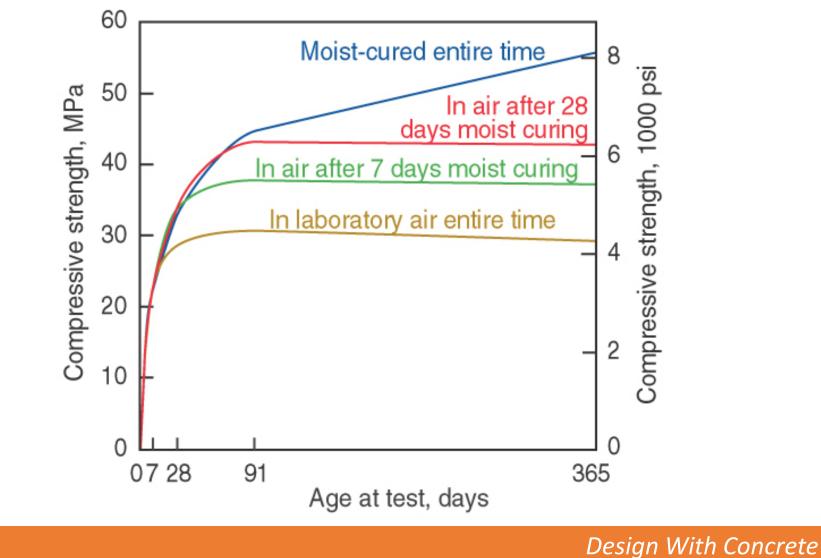
Improves Durability

- Improves Resistance to freezing and thawing.
- Improves Resistance to deicer salts.

Exterior concrete slabs are especially sensitive to curing.



Curing Effects on Strength Development















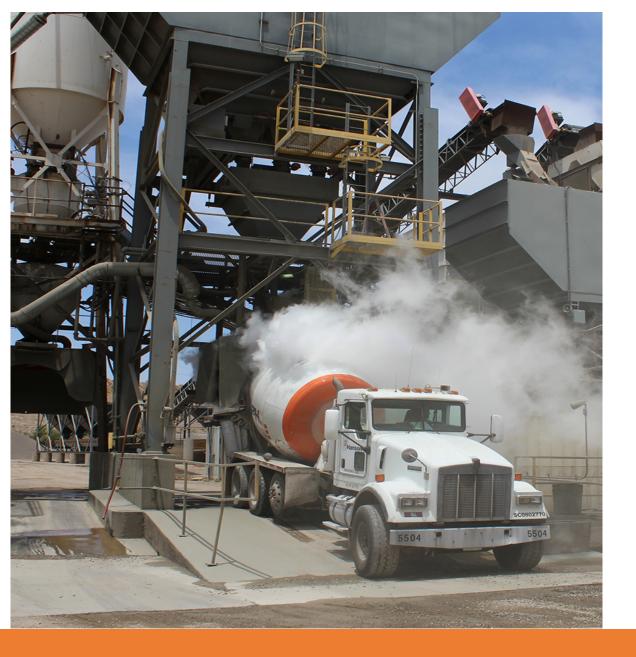
Curing Compound Application



New Trends In The Concrete Industry

- E-Ticketing
- Liquid Nitrogen
- Low GWP (reduced CO2) Concrete Specifications for parking lots and interior floors
- Portland Limestone Cement
- Concrete Parking Lots
- IDOT Special Provisions for a Cement Slurry for FDR





Safety

Convenience

Ease of Use

Production Efficiency

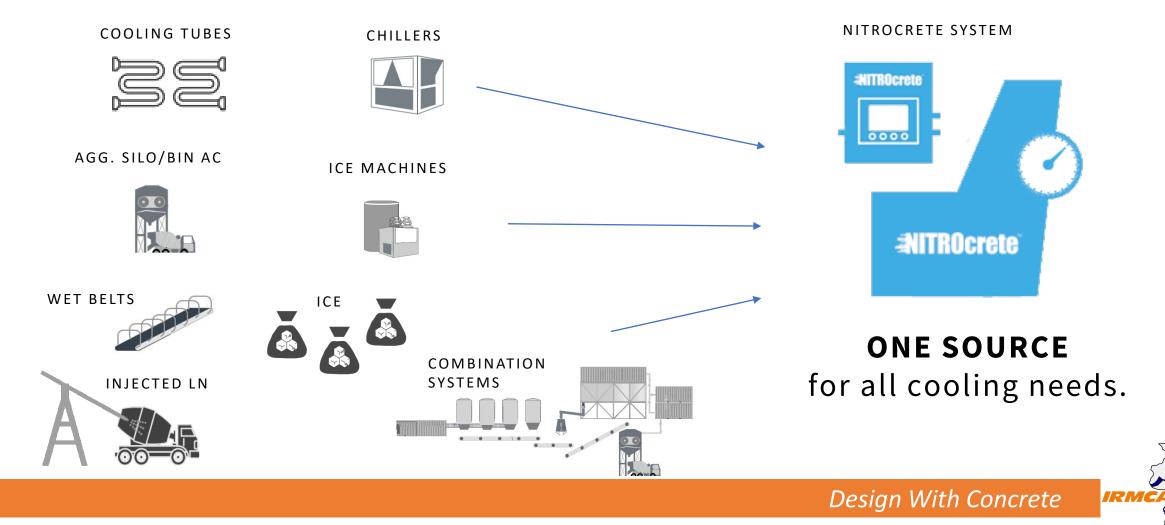
Mix consistency

Can cool concrete in excess of 40 degree delta's.





REPLACE



CIP 1-44 (Single Set) Concrete In Practice

- CIP 1 Dusting Concrete Surfaces
- CIP 2 Scaling Concrete Surfaces
- CIP 3 Crazing Concrete Surfaces
- CIP 4 Cracking Concrete Surfaces
- CIP 5 Plastic Shrinkage Cracking
- CIP 6 Joints in Concrete Slabs on Grade
- CIP 7 Cracks in Residential Basement Walls
- CIP 8 Discrepancies in Yield
- CIP 9 Low Concrete Cylinder Strength
- CIP 10 Strength of In-Place Concrete
- CIP 11 Curing In-Place Concrete
- CIP 12 Hot Weather Concreting
- CIP 13 Blisters on Concrete Slabs
- CIP 14 Finishing Concrete Flatwork
- CIP 15 Chemical Admixtures for Concrete
- CIP 16 Flexural Strength of Concrete
- CIP 17 Flowable Fill
- CIP 18 Radon Resistant Buildings
- CIP 19 Curling of Concrete Slabs
- CIP 20 Delamination of Troweled Concrete Surfaces
- CIP 21 Loss of Air Content in Pumped Concrete CIP 22 Grout
- CIP 23 Discoloration CIP 24 Synthetic Fibers for Concrete CIP 25 Corrosion of Steel in Concrete CIP 26 Jobsite Addition of Water CIP 27 Cold Weather Concreting CIP 28 Concrete Slab Moisture CIP 29 Vapor Retarders Under Slabs on Grade CIP 30 Supplementary Cementitious Materials CIP 31 Ordering Ready Mixed Concrete CIP 32 Concrete Pre-Construction Conference CIP 33 High Strength Concrete CIP 34 Making Concrete Cylinders in the Field CIP 35 Testing Compressive Strength of Concrete CIP 36 Structural Lightweight Concrete CIP 37 Self Consolidating Concrete (SCC) CIP 38 Pervious Concrete CIP 39 Maturity Methods to Estimate Concrete Strength CIP 40 Aggregate Popouts CIP 41 Acceptance Testing of Concrete CIP 42 Thermal Cracking of Concrete CIP 43 Alkali Aggregate Reactions (AAR) CIP 44 Durability Requirements for Concrete



Closing Comments

• Next Webinar is on June 16th 12:00 PM CST Titled:

Full-Depth Reclamation with Cement Using a Ready Mixed Concrete Truck

Speakers

- Don A. Clem, PE (Colorado) Vice President Local Paving National Ready Mixed Concrete Association
- Jonathan Pease CEO/Founder Rock Solid Stabilization and Reclamation
- Registration Opens on Monday June 7th 2021
- IRMCA also offers Free Engineering Assistance

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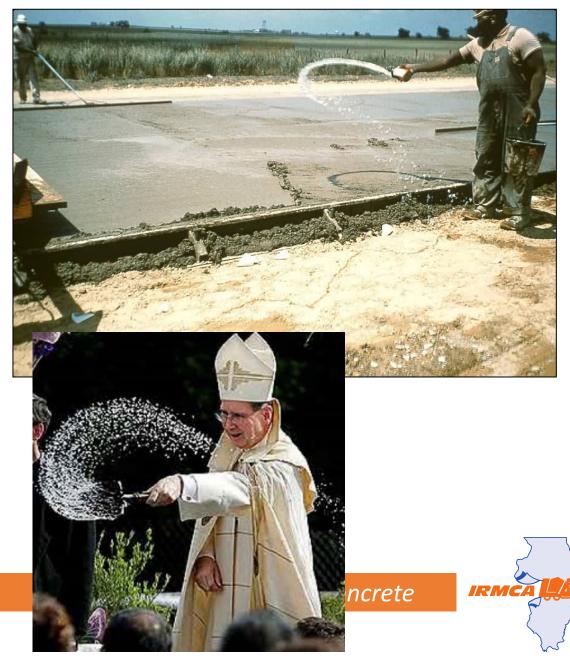
Peeling off of the concrete surface due to freezing and thawing

- Non Air Entrained Concrete or Over-finishing and lowering the air at the surface
- Aggressive Deicer chemicals
- "Blessing" the concrete
- Close the surface and trap bleed water
- Lack of curing
- Jobsite added water lowers strength and durability
- 99% of the time scaling happens because a Best Practices for Concrete was not followed
- Freezing and Thawing typically doesn't cause scaling it attacks a weakness caused by the contractor or producer (GREEN Above)

How many concrete streets have you seen that has scaling on it?

What is the difference between Residential and Road or Street Concrete?

Scaling



- Forms when a rapid loss of moisture from the surface before the concrete has set and finished bleeding
- Dry windy conditions Cracks are frequently parallel
- Spaced farther apart than craze cracking
- Light fogging and wind breaks can help
- <u>Cure! Cure! Cure!</u>
- Use Evaporation retarders
- Fibers will help!!!!

Plastic Shrinkage Cracking





Popout





No Chert Free Aggregate



- Caused by hard trowel finish or finishing while bleed water is present
- Lack of cure
- Drying out of the surface
- Concrete with a high w/c
- Blessing the concrete
- Excessive floating or jitterbugging of the surface – brings up the fines and cement particles
- Very Shallow
- Mostly Cosmetic
- No Structural damage
- Fibers help

Crazing/Map Cracking





Joints in Concrete Pavement

Cut joints 25% of the depth of the slab.

- 4" thick slab should have joints 1" deep
- 5" thick slab would be 1.25" deep

Control joints should be spaced in feet 2 to 3 times the slab thickness in inches.

- 4 inch slab the joint space should be 8 to 12 feet apart
- 5 inch slab the joint space should be 10 to 15 feet apart

Jointed panels should be as close to square as possible. Keep the length divided by the width of a panel (aspect ratio) no more than 1.5

- 4" thick pavement if the panel is 12 feet long it should be no less than 8 feet wide (8" x 1.5 ratio = 12")
- 5" thick pavement if the panel is 15 feet long it should be not less than 10 feet wide





Words of Wisdom

There is an admixture to help solve most problems that a contractor faces while placing concrete and finishing concrete in cold weather and warm weather conditions. Most of them will save the contractor time and money

Cementitious materials like Slag and Fly Ash enhance some characteristics in concrete. Don't be afraid to use them.... just know when they are applicable.

Cold weather and warm weather concrete practices should be a line item to bid on during the bidding process.

Zoom Quality Control Meetings **should** be part of every project before any construction starts. The owner, engineer, general contractor, concrete contractor, concrete producer should all participate.

Sticking to a W/C ratio and following good finishing and curing practices will keep you out of trouble!!!!!!!!

A slab will never crack from too many joints. The more joints the better.

